

Christmas Winter Adventure Norberg – December 21-28, 2024



Would you like to be out cross-country skiing in the snow this Christmas? Then this varied trip to Sweden might be just what you're looking for! In addition to skiing and other winter activities, you'll also experience Swedish culture in the spirit of Christmas. This trip is suitable for both beginners and experienced cross-country skiers who enjoy variety. The trails (both skate and classic style) are partly flat, but there are some climbs and descents that can be skipped if you prefer. By the end of the week, even beginners will be able to tackle these sections after a few technique lessons.

Program

The varied program has something for everyone: Alongside skiing instruction and outings (in daylight, the dark forest, or on lit trails), you'll also get to know the Swedish national sport of orienteering (finding checkpoints with map and compass). We'll also soak up culture in the cosy village of Norberg, where you'll see many typical, historic Swedish houses. With a maximum of 12 participants, the program can be partly shaped by the group. A few weeks before the trip, we'll plan an online meeting so everyone can meet and discuss preferences. The program can be adjusted as desired.

Saturday, December 21, 2024: Arrival Day

You're expected at the hotel at 6:30 p.m. Get to know your fellow travelers for the week. After a delicious dinner, you'll receive all the information you need.



Sunday, December 22, 2024: Enjoying the snow

After breakfast, we'll hit the cross-country trail directly from the hotel. In the morning, there's a lesson in classic technique, and in the afternoon, we'll take a short tour. Are you advanced and want to go out on your own? That's fine, too. If you can't get enough of the snow, you can also take a night tour on the lit trail after dinner. A brief waxing lesson will be available for those interested.



Monday, December 23, 2024: Cross-country skiing and exploring Norberg

Today we're back on the snow with a morning instruction session. We'll make video recordings, which we'll analyze after dinner to help you see what you can still improve. After lunch, we'll take a walk to the center of Norberg to explore its historic buildings. Imagine the medieval atmosphere at the small huts in Nya Lapphyttan! We'll also visit Sweden's "world-famous" Elsa Anderson's konditori, known for the country's most delicious pastries.

Tuesday, December 24, 2024: Orienteering

After a cross-country technique lesson in the morning, we'll spend the afternoon orienteering with maps and compasses, searching for orange-and-white checkpoints. Orienteering is a national pastime in Sweden, so discover why it's so much fun!



Wednesday, December 25, 2024: Rest Day, activities around Norberg or an outing to Falun

You can decide how you want to spend your "rest day." Head to Falun to visit the famous copper mine (which gives Swedish houses their red color), or, if you're a skating enthusiast, enjoy Lake Runn near Falun, which has one of Europe's longest natural ice rinks. Prefer to stay near the hotel? Go snowshoeing in the nearby nature reserve. You can also try kicksparking (on snow or ice), snow biking on a fat bike, or experience pulling a pulka (a large sled) while skiing. If you're more interested in alpine skiing, a small slope is just a few hundred meters from the hotel, or a larger ski area, Romme Alpin, is 70 kilometers away. Of course, if you'd rather just relax, that's an option too!

Thursday, December 26, 2024: Skiing and snowshoeing

Today, we're back to skiing with a lesson in the morning. In the afternoon, we'll go on a snowshoe hike. If there's not enough snow for snowshoeing, we'll explore the beautiful surroundings on foot.

Friday, December 27, 2024: Technique tour

Today we'll go on a longer cross-country ski tour, with technique tips along the way to refine your skills and increase your enjoyment of skiing.



Saturday, December 28, 2024: Departure Day

After a week of enjoying the Swedish winter, it's time to head home after breakfast. If you'd like, you can take one last loop around the trail, or, if you're traveling via Stockholm, extend your trip with a visit to the city.

Destination



The cosy Swedish village of Norberg is known for the Engelbrektsloppet, Sweden's second-largest cross-country ski race after the Vasaloppet. From December 1, thanks to snow preserved under woodchips from



the previous season, Norberg offers a guaranteed 4-kilometer ski trail, which extends to at least 10 kilometers in December (and more with sufficient snowfall). Trails are also lit in the evenings. Beyond skiing, you can also immerse yourself in Swedish culture and nature. Norberg has a rich history, and you'll find beautiful historical buildings to explore.

"With snow on the red Swedish wooden houses, it feels like we've stepped into a fairytale."
Annemieke

Snow conditions

This trip will go ahead regardless of snow conditions. From December 1 to March 31, a well-prepared cross-country ski trail is guaranteed, so skiing is a certainty! With sufficient snowfall (as we had last year), you can also go snowshoeing from the hotel or make your own tracks in the surrounding forest. Or how about an evening exploration of the unlit forest and nature reserve?



Guide

With years of experience as a certified cross-country instructor and in-depth knowledge of the local area, I, Katja Kleinveld, am ready to show you the most beautiful and hidden spots. I've lived in Norberg for several years now and know the region like no one else, and I'm excited to share the secrets of this winter paradise with you. Be warned: I have a reputation for turning even a theoretically boring walk into an adventure!



Accommodation

The hotel, with single and double rooms, is located right next to the lit cross-country ski trail. After breakfast, you can step straight into the snow. It's a simple yet clean hotel, with each room having a private bathroom, and many rooms offer views of the trail. Full board is provided, with breakfast, lunch, and dinner. A small ski slope is also located a few hundred meters from the hotel for evening skiing.



Accessibility

Norberg is easily accessible from Stockholm's Arlanda Airport by public transport. A direct train will take you to Avesta Krylbo in 1 hour and 15 minutes, followed by a half-hour bus ride to Norberg. It's easy to combine this winter trip with a city visit to Stockholm. You can also rent a car at Arlanda Airport, reaching Norberg in about 2 hours.

If you wish to drive, it's less than 950 kilometers from Utrecht to Norberg, traveling via the Kiel-Gothenburg ferry.

Prices

€895,- per person in a double room (for bookings before November 15, 2024)

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Single room supplement: €175,-

Price includes:

- 7 nights full board (breakfast, lunch, dinner)
- Bedding and towels
- Professional Dutch-speaking guide in a small group (4-12 people)
- Full program with instructions and technique training
- Video recordings and analyses
- Guided tours
- Waxing instructions
- Use of snowshoes
- Mediation fees

Price excludes:

- Travel costs to/from Norberg
- Activities and transport on the rest day
- Trail pass (see <https://www.engelbrektsloppet.se/engelbrektspret>)
- Drinks
- Travel and cancellation insurance

The trip requires a minimum of 4 participants and has a maximum of 12 participants.

Equipment

If you don't have your own cross-country equipment, you can rent a recreational classic cross-country set (skis, shoes, and poles) for €50 per week.

Questions?

For any questions or reservations, email Katja at katja@upptackk.se